









## No act of kindness, no matter how small, is ever wasted.

-Aesop















I've been absolutely terrified every moment of my life - and I've never let it keep me from doing a single thing I wanted to do. -Georgia O'Keeffe

















## In a gentle way, you can shake the world.

-Mahatma Gandhi















If you accept the expectations of others, especially negative ones, then you never will change the outcome. -Micl



-Michael Jordan

MONDAY 2











